Purpose of Study
We know that keeping physically active is important for any person who has a chronic health condition. The purpose of this study is to explore the influence of physical activity on cognitive, motor and functional abilities over a one-year period. In this study, we will evaluate physical activity in people with HD using wearable activity monitors, and exercise tests.

To participate in this study you must:
✧ Have a positive gene test for Huntington’s disease or a clinical diagnosis of HD in the early stages
✧ Be above the age of 18

Neurorehabilitation Research Lab
Teacher’s College, Columbia University

If interested, please contact:
Dr. Lori Quinn
212-678-3916
neurorehablab@tc.columbia.edu

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